

# THUNDERCAT THRIVE

November 2025

Vol.1



## HELPING STUDENTS THRIVE

Welcome to November's Thundercat Thrive! As we move forward in the school year, our focus remains on supporting students academically, socially, and emotionally. In this edition, you'll find helpful updates, upcoming events, and resources designed to strengthen our school community. Our goal is to ensure every student feels seen, supported, and successful. Together, we'll continue to help every student thrive.

### STUDENT OF THE MONTH

We had over 20 wonderful  
Thundercats nominated for  
Student of the Month!  
Keep up the good work!

OVER  
**20**  
STUDENTS

## FROM STRESS TO SUCCESS TESTING ANXIETY

#### Before the Test:

- Prepare early by studying a little each day.
- Get organized
- Positive mindset: Replace "I can't" with "I'll do my best."

#### During the Test:

- Deep breathing: Inhale slowly through your nose, exhale through your mouth.
- Pace yourself: Skip hard questions and come back later.
- Stay focused: Block out distractions and self-doubt.

#### After the Test:

- Reflect on what went well.
- Remember: One test doesn't define your intelligence or worth.

## TOP NEWS

### Endorsements

8th grade students will be entering endorsements soon. Scan the QR code for more endorsement information.



### 8th Grade Career Day

**December 4, 2025**

8th graders are encouraged to come **Dressed to Impressed**

### Academies

Academy applications are now open for current 8th grade students! The deadline to submit an application is **December 12, 2025**

<https://academy.fortbendisd.com/>

### Final Exams

Final exams are required only for High School Credit Courses. If your student plans to miss a final exam, please contact their alpha-split counselor to arrange a makeup. Makeup dates will be shared soon.

## RTMS COUNSELORS

A - C: Ms. Jefferson  
D - KE: Mrs. Parker  
KH - RE: Ms. Green  
RI - Z: Mrs. Torres

